

Hope vs. Hype



Closed Loop Technology Will Provide More
Meaningful Improvement vs. Directional Leads
in Deep Brain Stimulation

DISAGREE

Aristide Merola, MD, PhD
Associate Professor, Neurology

The Ohio State University Wexner Medical Center
Columbus, USA



1 |

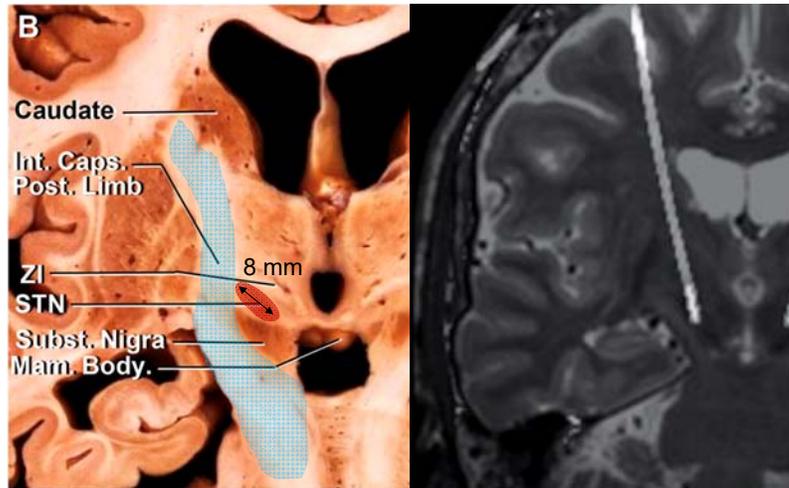
Why I disagree?

- DBS programming requires a level of anatomical detail that is best provided only by small directional electrodes
- The ability of sensing technologies in identifying sub-regions of interest within the target is limited
- Multiple studies, including a large multi-center trial, demonstrated the clinical meaningfulness of directional DBS



2 |

DBS Targets: Macroscopic Anatomy

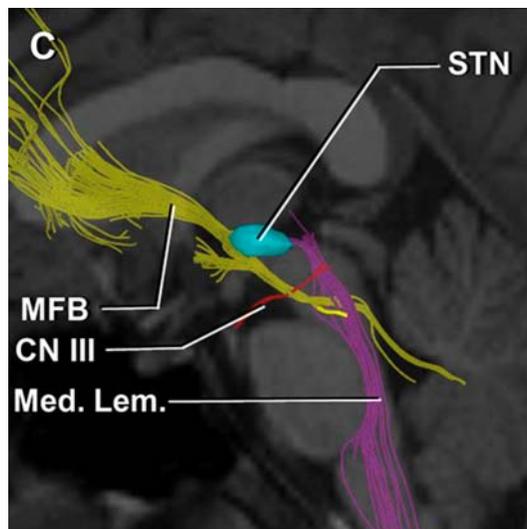


3 |

Güngör et al., 2018 <https://doi.org/10.3171/2017.10.JNS171513>

 THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

DBS Targets: Macroscopic Anatomy



4 |

Güngör et al., 2018 <https://doi.org/10.3171/2017.10.JNS171513>

 THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

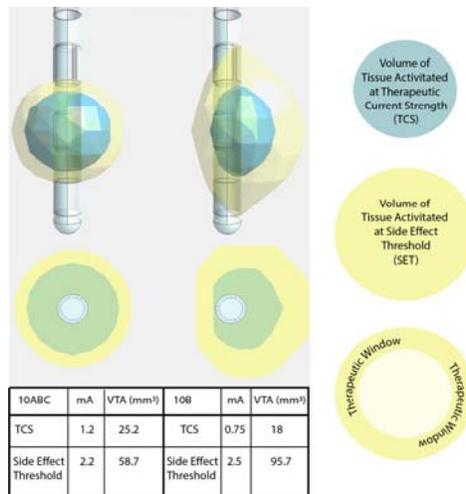
DBS Targets: Macroscopic Anatomy

	Direction of current spread	Structures involved	Side effect(s)
STN	Lateral or Antero-lateral	Internal Capsule	Controlateral muscle contractions Facial or tongue pulling Dysarthria Contralateral gaze deviation
	Antero-medial	Lateral Hypothalamic Area	Autonomic changes/vegetative side effects (nausea, heat sensation, sweating)
	Medio-ventral	Oculomotor Nerve	Disconjugate gaze Diplopia
	Posterior	Medial Lemniscus	Paresthesia Ataxia Slurred Speech

5 |

Merola et al., 2020 DOI: 10.1007/s40120-020-00181-9

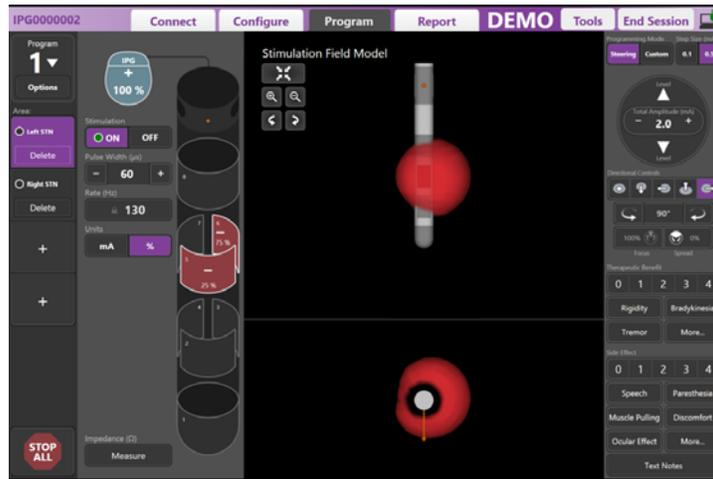
Directionality Improves Accuracy



6 |

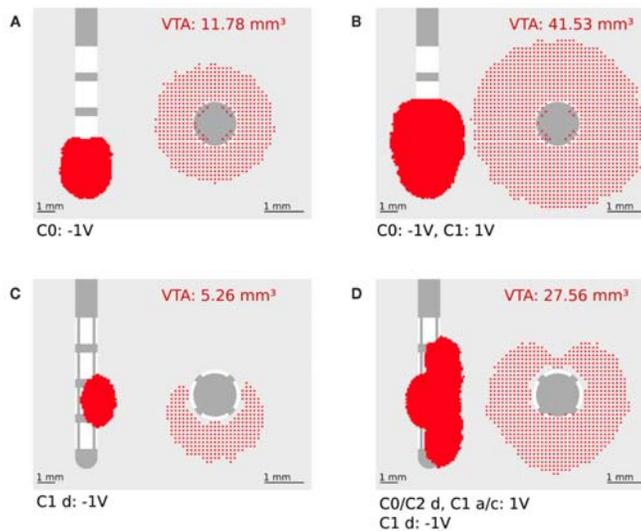
Rebelo et al., 2018 DOI: 10.1016/j.brs.2017.12.015

How Directionality will change the approach to DBS?



7 |

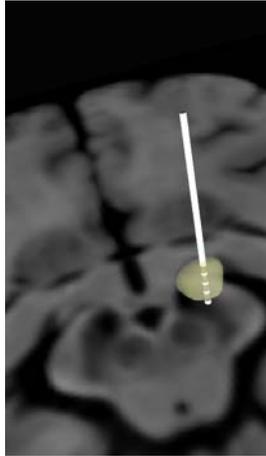
How Directionality will change the approach to DBS?



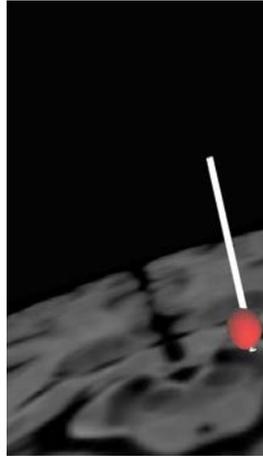
8 |

How Directionality will change the approach to DBS?

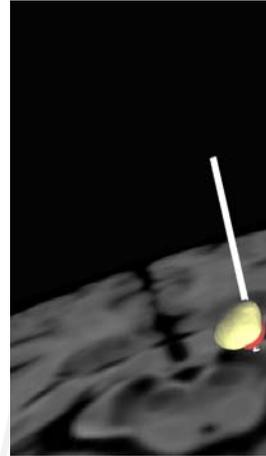
Step 1. Identify the lead location within the Target



Step 2. Estimate the Volume of Tissue Activated (VTA)



Step 3. Estimate the Overlap VTA - Target

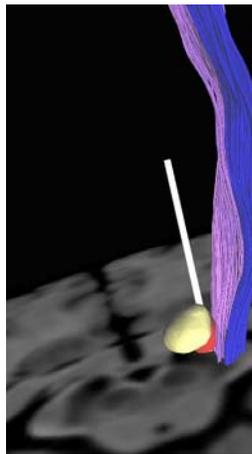


9 |

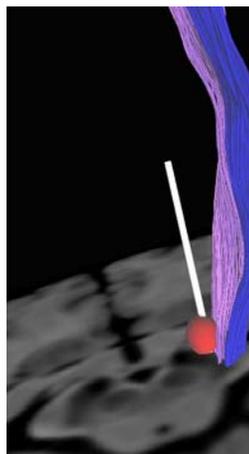
Merola et al., In preparation

How Directionality will change the approach to DBS?

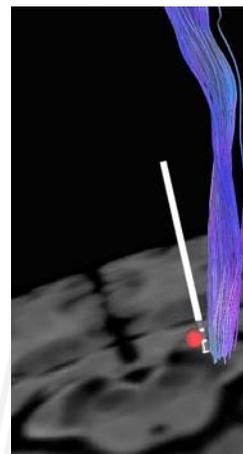
Step 4. Estimate the VTA spread into other structures



Step 5. With Conventional Programming



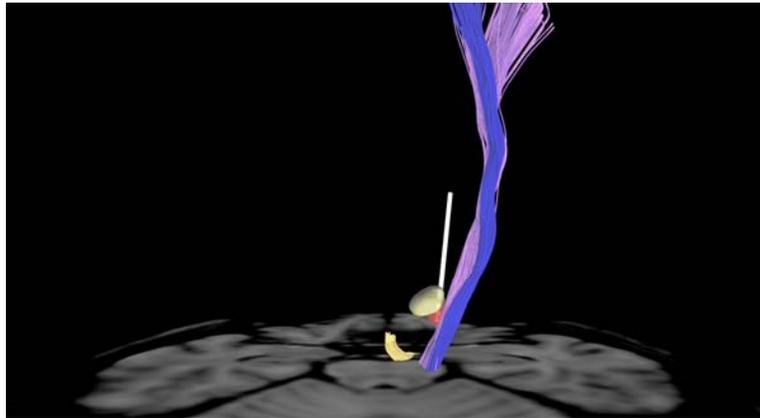
Step 6. With Directional Programming



10 |

Merola et al., In preparation

How Directionality will change the approach to DBS?



11 |

Merola et al., In preparation

 THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

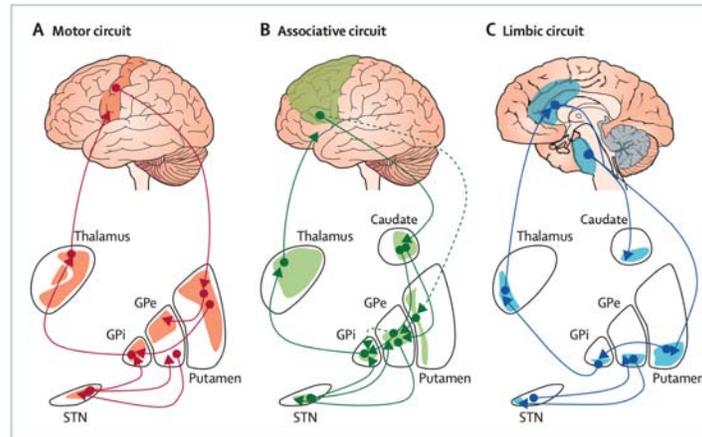
Why I disagree?

- DBS programming requires a level of anatomical detail that is best provided only by small directional electrodes
- The ability of sensing technologies in identifying sub-regions of interest within the target is limited
- Multiple studies, including a large multi-center trial, demonstrated the clinical meaningfulness of directional DBS

12 |

 THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

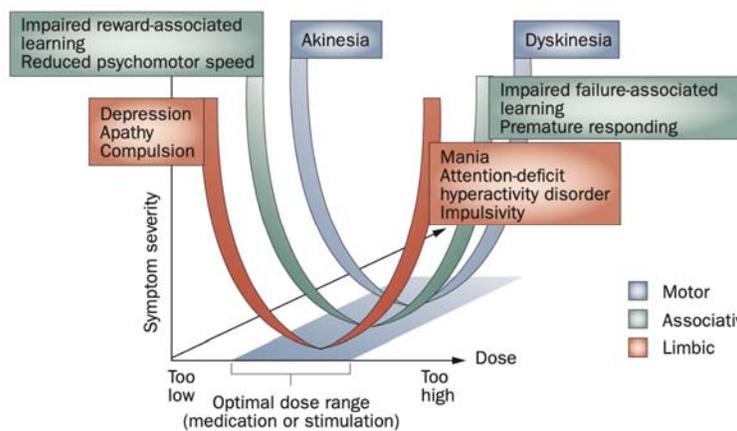
Different subregions, different networks



Rodriguez-Oroz et al., 2009

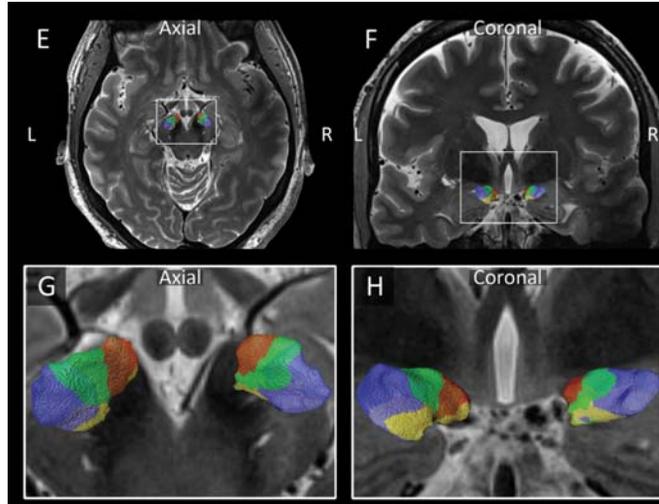
13 | DOI: [https://doi.org/10.1016/S1474-4422\(09\)70293-5](https://doi.org/10.1016/S1474-4422(09)70293-5)

Balancing the different networks



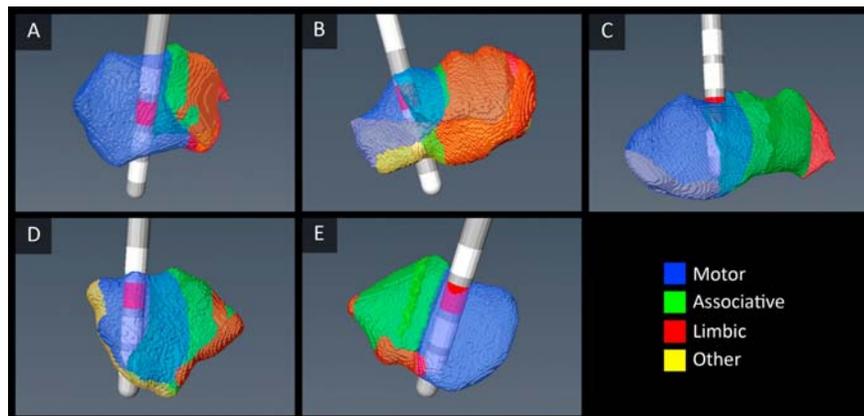
14 | Volkman et al., 2010 <https://doi.org/10.1038/nrneuro.2010.111>

Sub-regions of Interest within the STN



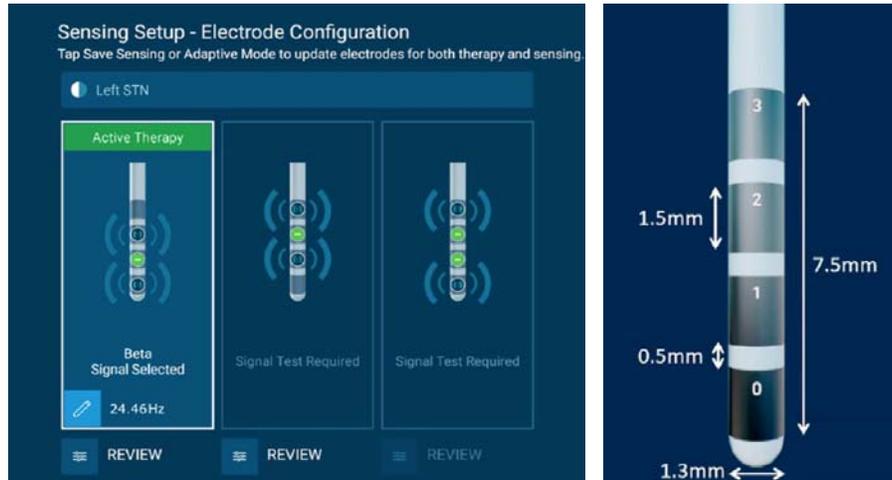
15 | *Platinga et al., 2016* <https://doi.org/10.1016/j.neuroimage.2016.09.023>  THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

How Directionality can help stimulating selected sub-regions of the STN?



16 | *Platinga et al., 2016* <https://doi.org/10.1016/j.neuroimage.2016.09.023>  THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Selective Stimulation of STN subregions Brain Sensing

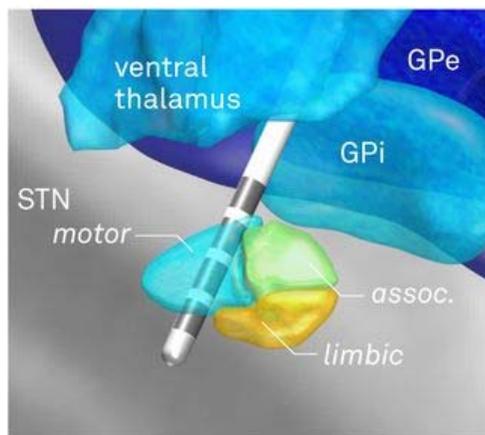


17 |

Goyal et al., 2021 <https://doi.org/10.1016/j.bios.2020.112888>

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Selective Stimulation of STN subregions Brain Sensing



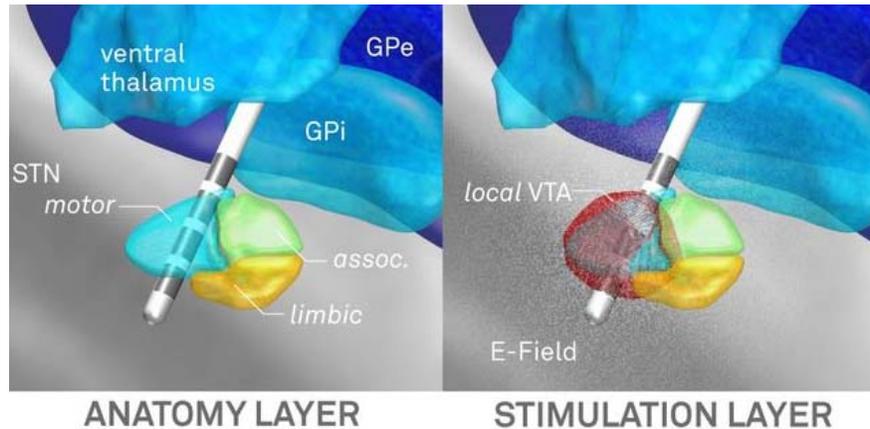
ANATOMY LAYER

18 |

Horn et al., 2019 doi: 10.1016/j.neuroimage.2018.08.068

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Selective Stimulation of STN subregions Brain Sensing



19 |

Horn et al., 2019 doi: 10.1016/j.neuroimage.2018.08.068

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Why I disagree?

- DBS programming requires a level of anatomical detail that is best provided only by small directional electrodes
- The ability of sensing technologies in identifying sub-regions of interest within the target is limited
- Multiple studies, including a large multi-center trial, demonstrated the clinical meaningfulness of directional DBS

20 |

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Clinical studies of Directional DBS

Study	Sample Size	Main Results
Pollo et al., 2014	11 PD (STN) 2 ET (Vim)	<ul style="list-style-type: none"> ○ TW 41.3% wider and TCS 43% lower with directional vs. omnidirectional stimulation
Contarino et al., 2014	8 PD (STN)	<ul style="list-style-type: none"> ○ TW wider with directional vs. omnidirectional stimulation
Steigerwald et al., 2016	7 PD (STN)	<ul style="list-style-type: none"> ○ TW variations from -100% to +440% with directional vs. omnidirectional stimulation ○ Best TW improvement with the best directional contact at the less effective level
Dembek et al., 2017	10 PD (STN)	<ul style="list-style-type: none"> ○ TW wider with directional vs. omnidirectional stimulation ○ SET higher with directional vs. omnidirectional stimulation
Rebelo et al., 2018	3 PD (Vim) 3 DT (Vim) 2 ET (Vim)	<ul style="list-style-type: none"> ○ TW wider and TCS lower with directional vs. omnidirectional stimulation ○ TEED 6-18% lower with directional vs. omnidirectional stimulation

21 |

Merola et al., 2020 DOI: 10.1007/s40120-020-00181-9

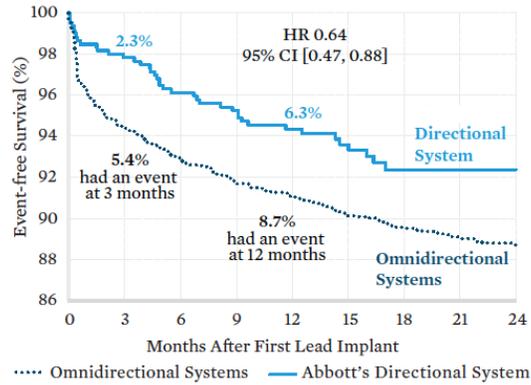
Data from the PROGRESS Study

Enrollment	234 PD patients (157 males; 77 females)
Demographics	Age: 61.7 ±8.4 years; PD duration since onset: 11.7 ±7.6 years;
Number of centers	37 centers, from 7 countries
Lead Configuration	2 central segmented contacts (3 segments each), 1 proximal and 1 distal ring contacts; 1-3-3-1
Clinical Setting	Prospective, blinded subject, blinded observer, crossover study of directional versus non-directional stimulation
Study Endpoints and Results	<ul style="list-style-type: none"> • Superiority benchmark: In 90.6% of patients, TW was wider with directional stimulation as compared to non-directional stimulation ($p < 0.001$) • Clinicians' and Patients' preference: <ul style="list-style-type: none"> 58.5% of clinicians and 52.8% of patients preferred directionality 20.2% of clinicians and 21.8% of patients expressed no preference 21.2% of clinicians and 25.9% of patients preferred non-directionality

22 |

DBS revisions (Medicare data October 2016 - December 2018)

N= 3,800 patients
N= 283 hospitals
Follow-up= 2 years



Directional DBS systems had a **36% reduced risk of any surgical revision/removal of leads or IPG** compared to omnidirectional systems

23 |

Abbott. Study Report. Document Number: CL1012080.

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Why I think that Directionality is the most exciting innovation in DBS

1. Integration into imaging-based programming platforms
2. Stimulation of sub-regions of interest (networks) within the target
3. Strong evidence of clinical meaningfulness
4. Lower rate of surgical revisions

24 |

THE OHIO STATE UNIVERSITY
WEXNER MEDICAL CENTER

Why I think that Directionality is the ___ most exciting innovation in DBS

1. Integration into imaging-based programming platforms
2. Stimulation of sub-regions of interest (networks) within the target
3. Strong evidence of clinical meaningfulness
4. Lower rate of surgical revisions

25 |

Why I think that Directionality is the ___ most exciting innovation in DBS

1. Integration into imaging-based programming platforms
2. Stimulation of sub-regions of interest (networks) within the target
3. Strong evidence of clinical meaningfulness
4. Lower rate of surgical revisions

26 |

Why I think that Directionality is the — most exciting innovation in DBS

1. Integration into imaging-based programming platforms
2. Stimulation of sub-regions of interest (networks) within the target
3. Strong evidence of clinical meaningfulness
4. Lower rate of surgical revisions